

PROPRIETARY NAME AND DOSAGE FORM:

Brain Essentials (CAPSULES)

COMPOSITION:

Each capsule for oral administration, contains Mucuna Pruriens, Rosemary extract, Shilajit extract, Zinc picolinate, Bioperine.

PHARMACOLOGICAL ACTION:

- Natural precursor for Dopamine - assists with mood
- Has anti-Inflammatory and antioxidant effects
- May improve cognitive function
- Could increase male fertility
- May improve physical performance and recovery
- Could assist in treatment of iron deficiency anaemia
- Supports a healthy nervous system

INDICATIONS:

- Poor memory
- Problems with concentration
- General fatigue

CONTRAINDICATIONS:

Avoid in patients with following problems

- Psychosis
- Schizophrenia
- Glaucoma
- Heart arrhythmia
- Chronic nerve pain
- Stomach ulcers
- Use with caution if on antidepressants

WARNING:

Do not use during pregnancy or while breastfeeding.

DOSAGE AND DIRECTIONS FOR USE:

Take 1 – 2 capsules preferably early in the morning. Do not exceed recommended dose

SIDE EFFECTS AND SPECIAL PRECAUTIONS:

Can cause insomnia, diarrhoea and or nausea.

KNOWN SYMPTOMS OF OVERDOSE AND PARTICULARS OF TREATMENT:

Gastrointestinal disturbances. Treatment is supportive

IDENTIFICATION:

Brown powder encapsulated in a size 00 clear capsule.

PRESENTATION:

Brain Essentials CAPSULES Sealed bag of 60 capsules

STORAGE INSTRUCTIONS:

Store at or below 25 ° C **IN ORIGINAL PACKAGING** and protect from light and moisture. **KEEP OUT OF REACH OF CHILDREN.**

Complementary medication. This unregistered medicine has not been evaluated by SAHPRA for its quality, safety or intended use.

NAME AND BUSINESS ADDRESS OF MANUFACTURER AND DISTRIBUTOR:

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