

**PROPRIETARY NAME AND DOSAGE FORM:**

**Epsom Salts (CAPSULES)**

**COMPOSITION:**

Each capsule for oral administration, contains Magnesium sulphate.

**PHARMACOLOGICAL ACTION:**

Magnesium Sulphate is traditionally used to ease many ailments, most of which are due to lack of Magnesium in the body.

**INDICATIONS:**

Constipation

Insomnia

Fibromyalgia

**CONTRAINDICATIONS:**

If you suffer from any kidney ailment, take care and consult your medical professional prior to use.

**WARNING:**

Take care if breastfeeding as transfer to breastmilk is possible. If diarrhoea is experienced, cease use or reduce dosage. (See also side effects)

**DOSAGE AND DIRECTIONS FOR USE:**

Take 2 capsules twice daily.

**SIDE EFFECTS AND SPECIAL PRECAUTIONS:**

Side effects may include the following: Skin rash, stomach cramps or diarrhoea. If any of these are experienced, and no improvement is observed in a few days, cease use and consult a medical professional.

**KNOWN SYMPTOMS OF OVERDOSE AND PARTICULARS OF TREATMENT:**

The most common side effect of Epsom Salts is diarrhoea. Also see SIDE EFFECTS AND SPECIAL PRECAUTIONS

**IDENTIFICATION:**

White powder encapsulated in a size 00 clear capsule.

**PRESENTATION:**

Capsules in a sealed bag of 60 capsules

**STORAGE INSTRUCTIONS:**

Store at or below 25° C **IN ORIGINAL PACKAGING** and protect from light and moisture. **KEEP OUT OF REACH OF CHILDREN.**

Complementary medication. This unregistered medicine has not been evaluated by SAHPRA for its quality, safety or intended use.

**NAME AND BUSINESS ADDRESS OF MANUFACTURER AND DISTRIBUTOR:**

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